

Lunch week 5 beginning 4th October 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vegan spring rolls with rice noodle chow Mein	Vegan Spiced Vegetable Tagine with Apricots	Vegan Spinach pakora with slaw	Vegan Curried Cauliflower Biryani	Vegan Mediterranean Roasted Vegetable Flaky Pastry tart		Brunch Tomatoes Hash browns
						Sausages Bacon Baked beans Mushrooms
Oven baked fillet of cod with mixed bean cassoulet	Roasted fillet of pollock with rice noodle salad	Mixed Seafood Penne in Dill Cream Sauce	Jerk Fish Kebab	Deep fried battered fillet of haddock		Fried eggs Scrambled Eggs 'Vegan' sausages Toast
Beef Lasagne	Oriental Marinated Chicken Thighs with Spring Onions	Sweet and sour pork	Southern Fried Chicken Burger, Mixed leaves, Salsa, & cheese	BBQ rack of ribs		Pain au chocolates Croissants Danish Pastries
Seasoned Wedges Steamed Rice Maple Roasted Carrots Vegetable of the day	Chipped Potatoes Lemon & Herb Couscous Broccoli Vegetable of the day	New Minted Potatoes Long Grain Rice Cauliflower Cheese Vegetable of the day	Sautéed Potatoes Fragrant Rice Steamed leeks Vegetable of the day	Chips Rice Mushy peas Peas Curry sauce		waffles Fruits of Forest Whipped cream
Sticky Toffee Pudding Custard	Belgium waffles	Steamed Golden Syrup Sponge Custard	Brioche Bread & Chocolate Pudding Custard	Red Berry Crumble Custard		