



www.cambridgeshire.gov.uk/cycling

A guide to cycling in Cambridge

Useful contacts

Cambridgeshire County Council
 Cycling transport.delivery@cambridgeshire.gov.uk
 cycle maps online: www.cambridgeshire.gov.uk/cycling

Highway maintenance to report potholes, overhanging vegetation, winter gritting, traffic signal faults, rights of way problems etc.
 Cambridgeshire County Council 0345 045 5212
www.highwaysreporting.cambridgeshire.gov.uk

Street lighting
 Cambridgeshire County Council 0800 783 8247
www.cambridgeshire.gov.uk/transport/roads

Rights of Way public footpaths, bridleways, byways, countryside access 0345 045 5212 cst@cambridgeshire.gov.uk

Cambridgeshire Smart Journeys helping employers promote cycling and other forms of sustainable commuting
www.smartjourneys.co.uk

Cambridge City Council
 01223 457000
www.cambridge.gov.uk/cycling-and-walking

Camcycle (Cambridge Cycling Campaign)
 01223 690718 www.camcycle.org.uk contact@camcycle.org.uk

Cycling UK the UK's National Cyclists' Organisation
 01483 238300 www.cyclinguk.org cycling@cyclinguk.org
 locally, including rides: www.ctcambridge.org.uk 01223 851549

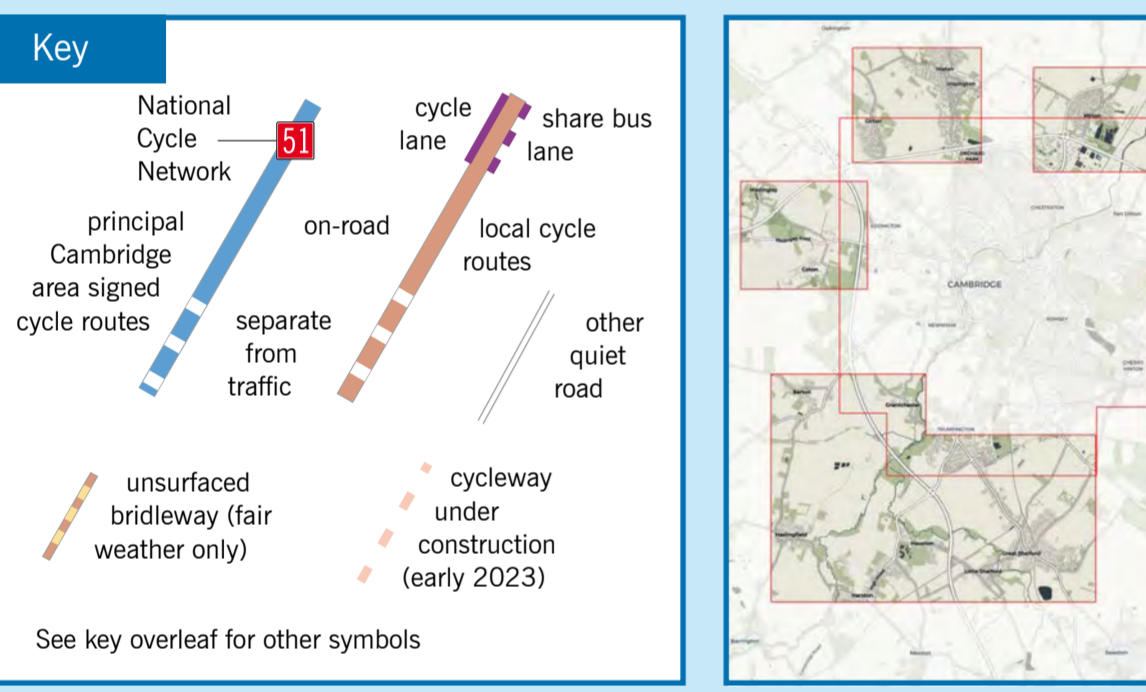
For online cycle maps and route planning, visit www.cyclestreets.net
 Further copies of this map are available from
 Cambridgeshire County Council
 (transport.delivery@cambridgeshire.gov.uk)
 We welcome any comments on the map.

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Bike shops and rental index

- 1 Avenue Cycles**
100 Stretton Ave
CB4 3ER 01223 322716
- 2 Barton Bicycles**
82 King Street CB1 1LN
07503 156057
www.bartonbicycles.co.uk
- 3 Bicycle Ambulance**
Unit 2, Enterprise Centre, Ditton Walk, CB5 8QD 07838 162572
bicyclembulance.com
- 4 The Bike Man**
The Market Square, Cambridge
CB2 3QJ 07850 814186
- 5 Bike Station**
off Brookgate CB1 2AA
07840 510482
- 6 Bridge Cycles**
22a Magdalene Street CB3 0AF
01223 361411
- 7 Cambridge Electric Transport**
Richard Howe Way,
Addenbrookes Hospital CB2 0AG
01223 667798
cambridgeelectrictransport.co.uk
- 8 CAM Cycles**
92 Mill Road CB1 2BD
01223 500988
www.camcycles.co.uk
- 9 Chris's Bikes**
Girton CB3 0NJ 01223 276004
chrisbikes.co.uk
- 10 City Cycle Hire**
Unit 6, Cambringham Road CB3 9EY
01223 365629
www.citycyclehire.com
- 11 The Crank and Sprocket**
1 Anstey Way, Trumpington
CB2 9JE
- 12 Cycle King**
197-199 Mill Road CB1 3AN
01223 212222
www.cycleking.co.uk
- 13 Direct Cycles**
52 Chesterton High Street
CB4 1N 07549 854864
directcycles.business.site
- 14 Electric Bike Sales**
118-120 Newmarket Road
CB5 8HE electricbikesales.co.uk
118-120 Newmarket Road
CB5 8HE electricbikesales.co.uk
- 15 Evans Cycles**
Unit 14, Grafton Centre CB1 1PS
03439 092636 evanscycles.com
- 16 Flat Planet Cycles**
99 King Street CB1 1LD
07779 151882
- 17 Giant / Liv Cambridge**
144 Hills Road CB2 8BP
01223 415349
rutlandcycling.com
- 18 Greys Cycles**
186 Mill Road CB1 3LP
01223 210678
- 19 Halfords Ltd**
Unit 6, Cambringham Road CB3 9EY
01223 454280 www.halfords.com
- 20 John's Bikes**
3 Arbury Court CB4 2JQ
01223 353573
- 21 Kingsway Cycles**
8 City Road CB1 1DP
01223 355852
kingswaycycles.com
- 22 Life on a bike**
171 Mill Road CB1 3AN
01223 576545
lifeonabikestore.co.uk
- 23 Lensfield Road Cycles**
69-71 Lensfield Road CB2 1EN
01223 323559
lensfieldroadcycles.co.uk
- 24 Outspoken Cycles**
The Bike Depot, 140 Cowley Road
CB4 0DL 01223 789606
outspokencycles.co.uk
- 25 Owl Bikes**
Hawthorn Way, CB4 1AX
01223 475601
papworthtrust.org.uk/owl-bikes/
- 26 Park Mobility & Cycle Hub**
near Bradford Centre, Cambridge
Science Park CB4 0GA
07481 780838
- 27 PRIMO Cycles**
Grand Arcade, 10 Corn Exchange
Street CB2 3QF 01223 307655
and
- 28 S-7 Jesus Lane** CB5 8BA
01223 500502
www.primocycles.co.uk
- 29 Rocco's Bikes**
Unit 3A, 23-25 Gwydir Street
CB1 2LG 07855 606393
www.roccosbikes.co.uk
- 30 Rutland Cycling Electric Bike Centre**
257 Barnwell Road CB5 8SL
01223 244310
rutlandcycling.com
- 31 S&G Cycles**
15 Laundress Lane CB2 1SD
01223 311134
- 32 The School Run Centre**
Unit 9, 23 -25 Gwydir Street CB1 2LG
07772 738899
schoolruncentre.co.uk
- 33 Townsends Light Blue Cycle Centre**
72 Chesterton Road CB4 1EP
01223 315845
townsends-lb.co.uk
- 34 Trumpington Cycles**
134 Shefford Road CB22 5JU
01223 566145
- 35 University Cycles**
9 Victoria Avenue CB4 1EG
01223 355517



Cycling

Why cycle?

- It's free.
- To save time – it's often the quickest way to get around town and parking is free and easy.
- It keeps you fit whilst you get from A to B – regular cyclists are as fit as a person 10 years younger and have a reduced risk of heart disease or stroke.
- To enjoy the open spaces and countryside.

Cycling Tips

- Ride assertively – cycle well out from the kerb so that you are visible to motorists. This will discourage them from overtaking too closely.
- Watch out for car doors opening and make eye contact with drivers waiting to pull out.
- Don't overtake lorries or buses on the left

Do's and Don'ts

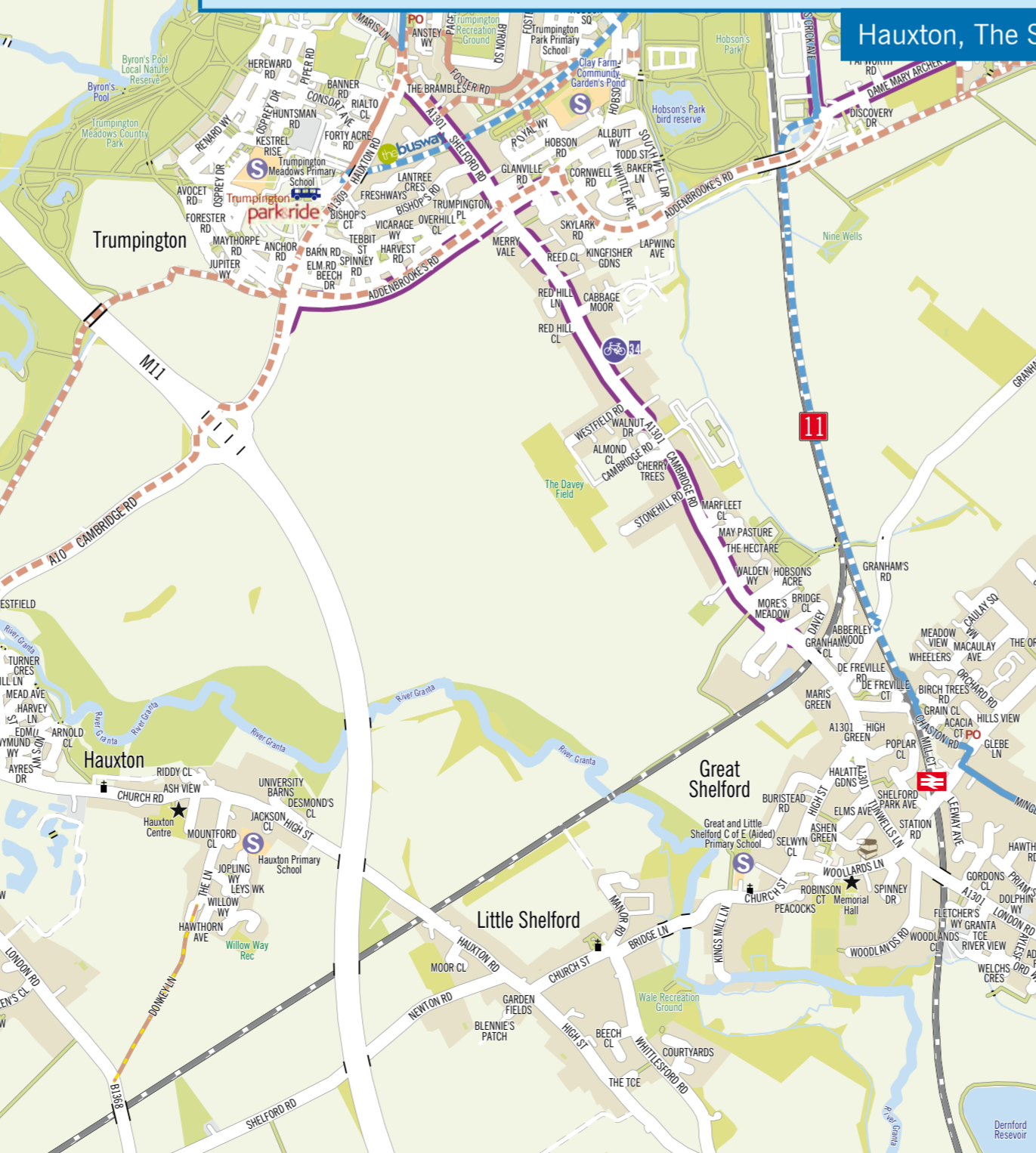
- Do's:
 - at junctions as they have a blind spot and there could be fatal consequences.
 - Master the backward look – practice looking back over your right shoulder so you can turn right or overtake without wobbling.
 - Use lights at night – reflective clothing is also a good idea.
 - Only use one-way streets in the permitted direction and obey traffic signs and red lights.
- Don'ts:
 - Don't cycle on the pavement unless there are blue signs indicating that they are designated cycle routes.
 - Use lights at night – reflective clothing is also a good idea.
 - Only use one-way streets in the permitted direction and obey traffic signs and red lights.

Cycle Parking

- Cycle parking stands are available in and around the town centre.
- Sadly, cycle theft is common. Always lock your bike to a fixed object, with a good lock, even for the briefest stop.
- Note down your frame number. More about keeping your cycle safe: www.camcycle.org.uk/cycletheft
- Register your bike at: www.bikerregister.com

Cycle Training

- Local company Outspoken provides Bikeability cycle training, designed to increase your confidence and cycling skills on the road: www.outspokentraining.co.uk
- Other cycle trainers can be found via: www.cambridgeshire.gov.uk/bikeability



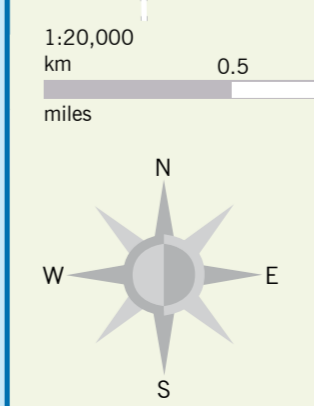
Hauxton, The Shelds, Stapleford

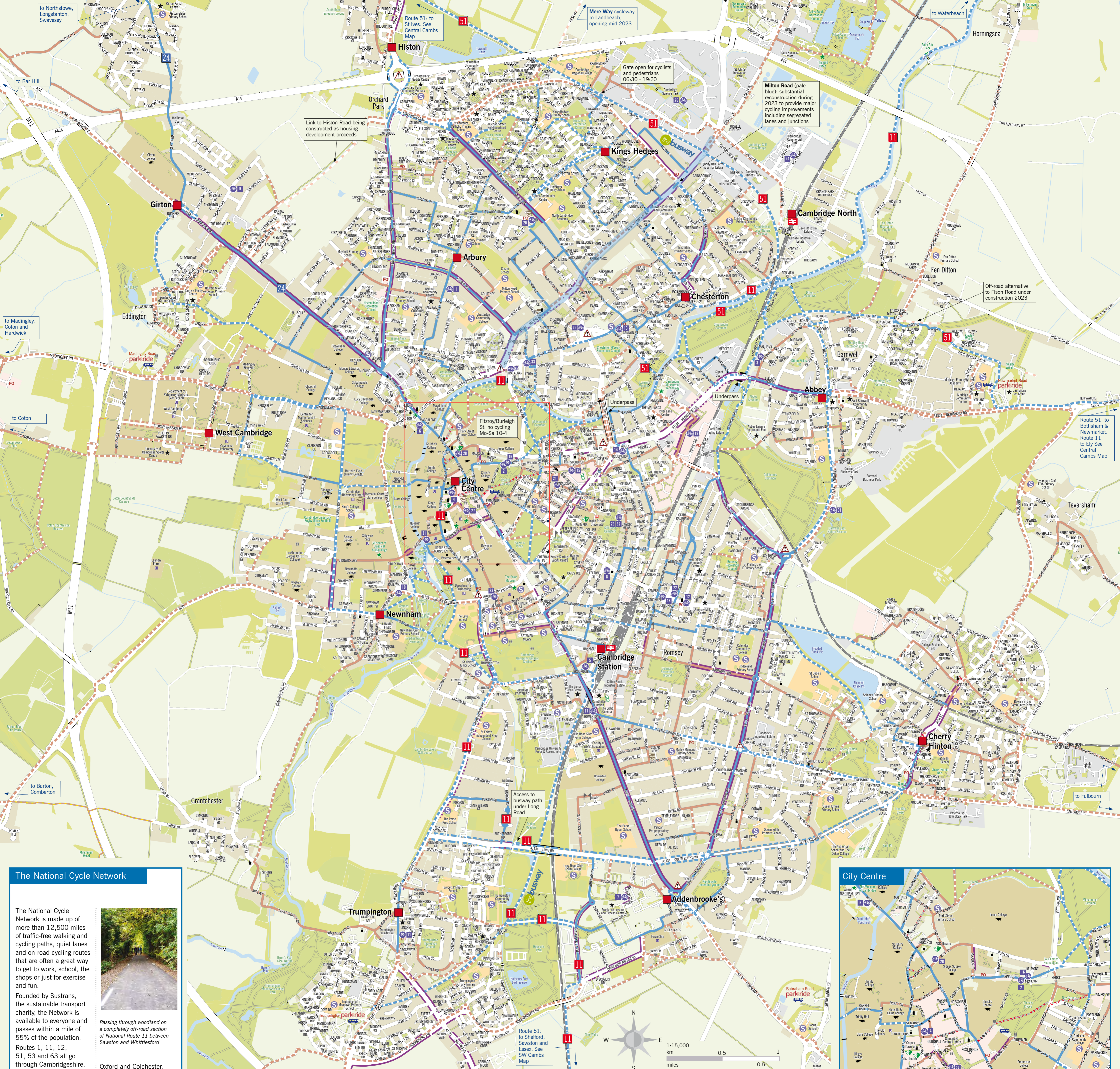
Know your traffic signs

- No Entry** signs always apply to cyclists too ...
- Except bicycles** ... unless there is an exception shown underneath, or ...
- No cycling** Typically used on a footpath away from a road. You can still wheel your bike.
- No motor vehicles** A cycle is not a motor vehicle. Cyclists are allowed to pass these signs where motorists cannot.
- Shared route for cyclists and pedestrians together** The only time cyclists are allowed to ride on a pavement alongside a road is where you see this sign (for example, between Ely and Witchford)...
- ... or this one indicating a **segregated route**, where you must keep to the side designated for cyclists.
- Direction sign showing National Cycle Route.**



Teversham & Fulbourn





The National Cycle Network

The National Cycle Network is made up of more than 12,500 miles of traffic-free walking and cycling paths, quiet lanes and on-road cycling routes that are often a great way to get to work, school, the shops or just for exercise and fun.

Founded by Sustrans, the sustainable transport charity, the Network is available to everyone and passes within a mile of 55% of the population.

Routes 1, 11, 12, 51, 53 and 63 all go through Cambridgeshire. Route 11 runs via Ely and Cambridge to Audley End. Route 51 runs via St Neots, Huntingdon, Cambridge and Newmarket, between



Passing through woodland on a completely off-road section of National Route 11 between Sawston and Whittlesford

Oxford and Colchester. You can find more of these routes on the Central and South West Cambridgeshire maps www.sustrans.org.uk



Key	
	National Cycle Network
	principal Cambridge area signed cycle routes
	on-road cycle lanes
	local cycle routes
	other quiet roads
	share bus lane
	unsurfaced bridleway / byway (usable when dry)
	cyclery under construction
	no through route for motor vehicles
	signposted destination
	cycle shop – see numbered list
	cycle park (note: Park Street cycle park is closed for redevelopment)
	hazardous junction
	no cycling
	one-way (including cyclists, unless exception signposted)
	University college
	University site (University of Cambridge / other)
	school / college
	railway and station
	park / green space
	post office
	toilets
	community centre / sports hall
	library
	theatre
	cinema
	industrial / business
	residential
	water tower
	church
	police station
	bus station
	windmill
	retail

